



# PVES Newsletter



2019

## PBIS

Positive Behavioral Interventions Supports (PBIS) is a systematic way of teaching behaviors with an emphasis on positive behaviors.

Here at PVES we focus on the 10 Learner Profile attributes as described by the IB Primary Years Program.

- Communicator
- Inquirer
- Principled
- Courageous
- Balanced
- Thinker
- Caring
- Knowledgeable
- Open-Minded
- Reflective

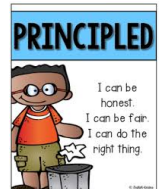
We celebrate the Learner Profile attributes through Student of the Month celebrations and by recognizing students when we see them displaying a Learner Profile Attribute.

## Important Dates

- Girls on the Run Grades 3<sup>rd</sup>-5<sup>th</sup> 3:45-5:30 Tuesday/Thursday
- 10/8- Picture Day
- 10/9- Early Release Day
- 10/11- End of Quarter I
- 10/14- No School
- 10/28-11/1- Red Ribbon Week
- 10/22- Report Cards (myStudent)



## Learner Profile of the Month:



### Principled

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.



## Take Home Challenge!

Taking action in our daily lives is an important aspect of the IB framework. We would love to hear how YOUR child takes ACTION outside of school. Send/email in a picture or write a description of your child taking-action. Pictures and write-ups can be emailed to [egreco@pasco.k12.fl.us](mailto:egreco@pasco.k12.fl.us) or given to classroom teacher.

Examples can include

- Taking action in their learning
- Taking action in helping others
- Taking action in the community
- Taking action to learn or try something new

## PTO Box Tops

PTO October Box Tops contest runs until the end of the month. Students should place Box Tops into their grade-level collection box. The grade-level that collects the most Box Tops wins a party.

Every Box Top is worth 10 cents for our school. You can clip Box Tops from products or scan your receipt for digital Box Tops.

## Red Ribbon Week

### October 28th- November 1st

**Monday-** Caring/Comfortable “Be comfortable saying NO to drugs and YES to healthy choices.” Wear comfy clothes or pajamas.

**Tuesday-** Courageous/Team “Courageous learners are brave leaders and can say NO to drugs.” Wear a shirt from your favorite sports team or team colors.”

**Wednesday-** Communicator/Positive Message “Good communicators clearly express their positive attitude and say YES to healthy choices.”

**Thursday-** Student Voice & Choice “IB students have voice and choice.” Students may choose a profession, book character, or historical/scientific figure that embodies an IB Learner Profile. Students will create a #hashtag to describe their person/character and which Learner Profile they represent.

**Friday-** Principled/Patriot Pride “Let’s show we are Principled Patriots who stand up for healthy choices.” Wear red to show your school spirit.

## Counselor’s Corner

Mindfulness is a practice that helps us use our senses in order to be present in the moment to help us calm down. When our brain is stressed, our emotional brain takes over, and our thinking brain takes a back seat. Mindfulness helps to distract the emotional brain so that our thinking brain can take over again.

In September, students have been learning about mindfulness by practicing deep breathing techniques to help deal with big feelings, using strategies such as five finger breathing or wave breathing. We’ve also practiced using a Hoberman Sphere, which helps them visualize the lungs taking a deep breath.

In October, we’ll be expanding our knowledge of Mindfulness and learn new coping skills.

## Great American Teach-In

Great American Teach-In will take place on November 20<sup>th</sup>, 2019. If you are interested in being a presenter, please complete the form that was previously sent home or contact our Guidance Secretary, Mary Minichino, for questions and more information.

Phone: (813) 794-0611

Email: [mminichino@pasco.k12.fl.us](mailto:mminichino@pasco.k12.fl.us)

## Stay Connected

PVES website- [pves.pasco.k12.fl.us](http://pves.pasco.k12.fl.us)

District website: [pasco.k12.fl.us](http://pasco.k12.fl.us)

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Check the RED Communication Folder every Wednesday!

